



Trails Day

Hosted by **Green Trails Alliance** in celebration of 2019
International & Ontario Trails week

When: **Saturday, June 1st 2019, 11:30am – 3:00pm**

Where: **Lindsay Fleming College, Auk's Lodge courtyard**

Cost: **Free!! Donations Appreciated**

WALKING & BIKING EVENTS 1pm – 3pm

Kawartha Trans Canada Trail Interpretive Walk - Leisurely 2km walk guided by Al MacPherson. A great outdoor experience of the cultural & natural surroundings on a flat, firm, less challenging terrain.

Citizen Science Walk - Exploring & sharing observations of the natural world. Professional Ecologist, Melissa Rose, will discuss and demonstrate the benefits of using on-line tools (INATURALIST.CA) that improve our understanding of the natural world and contribute to the creation of an accessible, international community dedicated to biodiversity science.

Escorted Cycling - 2km Bike Ride (beginners) & 25km Bike Ride with Kawartha Cycling

Bike Safety & Check - by CAN BIKE instructors with Kawartha Cycling

Organizational Displays - Kawartha Trans Canada Trail, Community Care, Boys & Girls Club etc.

Fun Demonstrations on the Trail - Nordic Pole Walking, Electric Bike Demonstration etc.

BBQ - 12-1:30pm (Nominal charge) Let's try for a plastic free event....**BRING YOUR WATER BOTTLES!**

Promoting

Active Lifestyles for ALL Ages & Abilities

Come find out what's happening on your local Trails!!

WWW.GREENTRAILSALLIANCE.CA

Green Trails Alliance's mandate is to Advocate for the
Development of a Safe and Active Lifestyle System
of Trails in Lindsay

